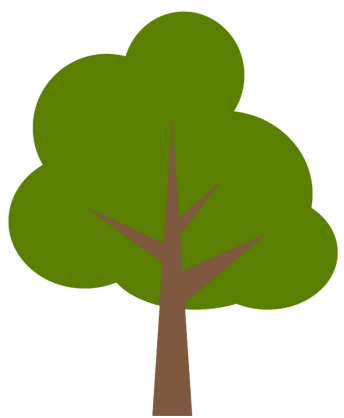




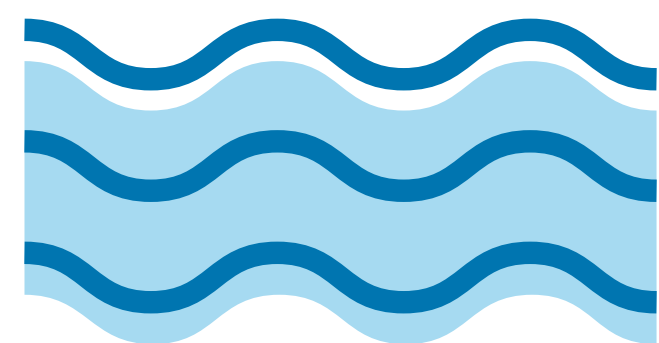
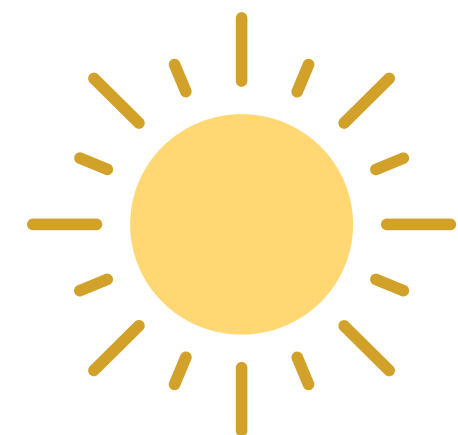
Our Walk and Talks are informal sessions and are a great way to get some fresh air, gentle exercise, meet other parents and chat at the same time!

WALK AND TALK

**Thursdays at 11am (Every Fortnight) /
Meeting Outside The Fishermen's Club, Royal Parade,
Eastbourne, BN22 7AA**



9th September
23rd September
7th October
21st October



Please get in touch for more info:

 contact@holdingspace.org.uk

 07922 851207